

**CHILD HEALTH ADVISORY COMMITTEE**  
**MEETING MINUTES**  
**November 10, 2011**  
**Freeway Medical Building**  
**Room 906**

**Attendees:** Barbara Kumpe, Bob West, Brett Stone (via phone), Carole Garner, Charlotte Davis, Connie Whitfield, Elton Cleveland, Jada Walker, Kathy McFetridge, Laura Bednar, Laura Sanders, Michelle Justus, Paula Smith, Rosemary Rodibaugh, Tony Thurman, Pam Jones

**Absentees:** Andrea Martin, Elisabeth Burak, Michelle Smith

**Staff:** Brittany Johnson

**Next meeting:** December 8, 2011

**Business**

- There was one change to the October minutes. Under the Arkansas Department of Health section it should read: Dr. West reported that the first case of flu has been reported in Northeast Arkansas. Barbara Kumpe made a motion to accept the amended minutes and was seconded.
- A Joint Use Agreement meeting will be held at 1:00 P.M. following the CHAC meeting today.
- There will be a December meeting held for the Child Health Advisory Committee.
- There was also a request for the committee to have a conference call line set up for members that are unable to make it to the monthly meetings in person. Brittany will work on getting this set up for the December meeting. She will send out this information to members once obtained.

**Presentation Calendar**

Last month the committee discussed creating a calendar for future presentations. Jada would like to have the presentations scheduled in advance. Members will be charged with inviting someone to come and present to the committee on different topics. Members will coordinate with Brittany to get presentations on the calendar. The suggested speakers and topics from the October meeting were reviewed and several members volunteered to arrange for speakers on particular topics of interest.

### **CHAC Award Process**

The committee had previously discussed presenting awards to schools or people that are making a difference in their communities. This will also give exposure to the Child Health Advisory Committee. A sub-committee will be needed to work on this process. The process should be simple and straightforward. A one-page nomination form would be submitted to the sub-committee for review. The award would be presented once a year. It was suggested that CHNS/CHPS could submit nomination forms to the CHAC members. The CHAC members would then forward those to the sub-committee for review. The sub-committee will handle the nomination from that point. It was also suggested putting nomination criteria on the CHAC website for the others to see. Paula Smith, Barbara Kumpe, and Charlotte Davis volunteered to be on this sub-committee. Paula will give an update on the finalized procedure to the committee at the January meeting.

### **CHAC Brochures**

Last month the committee discussed creating a brochure to tell about the Child Health Advisory Committee and its purpose. Barbara asked if any of the members that have strong communication or marketing skills would like to work on this committee. This group would be responsible for the content of the brochure. Rosemary Rodibaugh, Carole Garner, and Kathy McFetridge volunteered to be on this committee. Dr. Bednar also has someone in her office that will help out with this project.

### **Recommendations on CSH Components**

Jada handed out a shortened version of the revised recommendations. Members discussed changes that should be made under certain components. The changes are as follows:

- **Component: Family and Community Involvement (Recommendations to BOE)**
  1. The Child Health Advisory Committee recommends utilizing joint use agreements to allow communities and schools to share facilities.
- **Component: Nutrition Services (Recommendations to BOE)**
  3. The Child Health Advisory Committee recommends that Child Nutrition Programs follow, at a minimum, the “Silver” level guidelines for meals and competitive food offering.
- **Component: Health Services (Recommendations to BOE)**
  1. The Child Health Advisory Committee recommends Board of Education clearly define what constitutes a “school-based health center,” in both conceptual and operational terms.

- Stakeholders and 'successes' will be added to the shortened version of the recommendations form that was created by Jada and Heather.

There was also discussion on which recommendations should be considered policy change recommendations and which should be considered 'only recommendations', that is, best practices. The group agreed that they need to approve the recommendations as best practices and then determine if they want to elevate any from recommendation to policy. Also, the recommendations need to clarify if they are directed to the Board of Education, the Board of Health, or the Department of Human Services. Heather and Jada will work on reformatting the recommendations and send them out to the committee for review before the December CHAC meeting.

### **PE Regulation Changes**

Barbara Kumpe and Brett Stone both attended the public Board of Health meeting that was held on November 3, 2011. Copies of Dr. Kimbrell's presentation entitled, "Nutrition and Physical Activity Rule Revisions" were presented along with a letter written by Dr. Kimbrell and Dr. Halverson explaining why Sections 9.04 and 9.06 were deleted in order to comply with the provisions of Ark. Code Ann. § 6-16-132.

There was discussion regarding potential legislation to ensure that students are getting the quality physical education needed, provided by a licensed Physical Education teacher. The committee also discussed the number of hours currently required for PE and teacher to student ratios. The committee agreed that CHAC intends to be supportive to ADE and committee members will meet with Dr. Kimbrell to discuss how to move forward.

### **Coordinated School Health Update**

Kathleen Courtney reported that the 2011 Youth Risk Behavior Survey data has been received. The numbers on reported risk behaviors have gone down (e.g. smoking, intercourse). They will also be holding interviews for the two open positions at ADE this afternoon. CSH submitted their year 5 application for funding and Kathleen stated that CSH should be funded till July 2013. They are unsure if there will be funding for CSH after that.

Audra Walters reported that CSH is planning on having two spring orientations this year due to more schools interested in participating. She also announced that the Core Team and School

Health Action Team will be meeting on December 16, 2011 to work on a strategic plan for the newly applying group.

## **Organization and Program Updates**

### **Staff**

No report was given. Joy Rockenbach was not in attendance.

### **Department of Health**

Dr. West reported that the flu clinics are doing well. The mass clinics are winding down. Still not a lot of flu reported in the state. A new clinic has opened in Springdale. This clinic is targeted mainly to the Marshallese population. The clinic also offers later hours.

### **Department of Education**

Dr. Bednar shared with the group that she is glad to be a part of the committee and thinks that as a committee they should collectively continue to progress and work on some common ground issues in order to improve the things that they would like to see changed.

### **Child Nutrition Unit**

Sheila Brown reported that she had received two applications for the Healthier US Challenge Gold Level Award. The applications are currently being reviewed before being submitted to the USDA. Hopefully Arkansas will have two "Gold" schools by Christmas. She also reported that she had the opportunity to discuss alternative breakfast delivery methods at the annual Arkansas School Nutrition Association meeting that was held on November 4-5, 2011.

### **Hometown Health Initiative**

Nancy Green and Kim Hooks were both out today. It was reported that the CHNS and CHPS have been out working the flu clinics.

### **Act 1220**

Michelle Justus reported that they are waiting for the requested student enrollment data from the Department of Education. Also the BMI system should be up and ready for entry by January when the children return to school. She is in the process of contacting the CHNS to get an updated list of school nurses so that unauthorized personnel will not have access to the system.

**Act 1220 CPH Evaluation**

Jada bought everyone copies of the CPH's 2010 Evaluation data report. She reported that they are entering their data collection year and that next year more data will be collected than in previous years. That will be their final year of data collection on the evaluation of how public policy is actually implemented statewide. She has asked that Dr. Phillips come and present to the committee in March.

**School Based Health Centers**

Paula reported that in October the state team conducted two in-person trainings and one webinar for the school based health centers. The state team has formed a guideline development committee that has produced a draft of the Arkansas School Based Health Centers Quality Standards and Guidelines document. There has also been training on the implementation of two data collection tools. The next competitive RFA for funding will be released in the spring. They will award 5 new sites if funds allow.

There was no public comment.

The meeting adjourned at 1:45 P.M.